

Schmeltz sets school record in the 100 as girls finish second at Oak Harbor



Photo Credit: Tammy Schmeltz

By Kevin Gordon

OAK HARBOR — Jamie Schmeltz broke Eastwood High School's record in the 100 Friday night. It might not be the only time she does it.

The junior believes she can go even faster following her time of 12.73 in winning the Oak Harbor Invitational. She narrowly surpassed Christi Lahey's record of 12.74 set in 2004. Schmeltz was one of three Eagles who enhanced their position on the

school's all-time Top 10 list, helping Eastwood to a second-place finish in the eight-team meet.

The Eagles scored 106½ points to trail only defending Sandusky Bay Conference Bay Division champion Oak Harbor with 180. Edison was third with 77.

The other Top 10 finishes by the Eagles came from junior Shelby Getz, who ran the third-fastest time in winning the 100 hurdles; and junior Hannah Limes, who tied for eighth-place all-time in the pole vault by clearing 9-0 to finish second.

The second-place finish by Eastwood came after the Eagles had several tough events early in the meet against quality competition. But the Eagles finished with a bunch of personal records and season bests, despite chilly, wet and windy conditions.

"Bigger invitationals like this helps us get better throughout the season, and we have to come ready to compete right away," Eastwood coach Nikki Sabo said.

"We settled down as the meet went on, and we responded with determination the rest of the meet. It was a great night."

Schmeltz was terrific in the 100 against a quality field, winning by .21 as she was still pulling away from the field when she crossed the finish line. She later won the 200 in 26.58, and ran a leg on Eastwood's winning 4x100 relay team.

Joining Schmeltz on the relay were Getz, freshman Felicia Cassaubon and senior Brianne Kwiatkowski. The team won in 51.69.

"I knew there was a lot of great competition, so I knew I had to go out hard,"

Schmeltz said of the 100. "I came out of the blocks super strong. That was probably my best start of the year, and I kept it going throughout the entire race. That was an awesome race. I felt very strong at the end."

Schmeltz's previous best in the 100 was a 12.95 clocking in 2017 when she was a freshman.

"Having the school record is awesome, knowing I have so much of the season left," Schmeltz said. "I'm excited for what's to come and what I can still accomplish."

Schmeltz added she felt like she would run a personal-record time at Oak Harbor after a good week of practice.

"I was tired of not having a PR," Schmeltz said. "I felt good coming into today, and I had a PR mindset. I thought this was the meet it was going to happen since we're going into championship season. Getting a PR is awesome."

Schmeltz also ran well against a talented 200 field, winning by .44.

"I knew there was great competition again, and I knew had to push out strong again on the curve, and that's what I did," Schmeltz said. "I kept my pace up and finished strong, because I've been struggling to finish the 200. Tonight, I felt really strong finishing the race."

Getz ran well in winning the 100 hurdles in a PR and season-best time of 16.10, good for a winning margin of .23. Her previous PR of 16.44 last season tied for the seventh-fastest time in Eastwood history.

Katelyn Meyer holds the school record in the 100 hurdles with a 14.99 time last season, while Angie Getz is second at 15.94 in 1997.

Shelby Getz later won the 300 hurdles in 48.41.

In the 100 hurdles, she's broken the 17-second mark in three straight and four of her last five races.

"I was nervous because I knew everyone was really good," Getz said. "I went after it and tried my best. It's easier to run better when you have other people pushing you. The race felt good. Now that I can three-step the hurdles, it's easy and so natural." Getz won the 300 hurdles by 1.38 seconds.

"I was a little tired, but I thought I ran well," Getz said. "I feel pretty good about the way I'm running both races. I'm ahead of where I thought I'd be. My times are improving every meet."



Photo Credit: Tammy Schmeltz

Limes was the runner-up in the pole vault at 9-0, beating her previous best of 8-6 of earlier this season and last season.

Oak Harbor senior Addi Hasselbach and Edison sophomore Katie Jeremay also cleared 9-0, but Hasselbach won because she had no misses. Limes was second with just one miss.

Limes' height of 8-6 was good for a four-way tie for 10th all-time at Eastwood, but she moved into a two-way tie for eighth at 9-0.

Eastwood scored in 14 of the 17 events. The top eight finishers in each event earned team points on a 10-8-

6-5-4-3-2-1 basis.

Next for the Eagles is the Northern Buckeye

Conference meet Saturday at Eastwood. The Eagles are shooting for their 19th consecutive league championship, spanning the NBC and the Suburban Lakes League.

"It's good we got that experience in," Sabo said of the Oak Harbor meet. "It's the same format as the NBC. Now, they know what to expect, and they can be more prepared for next week.

"Some things need to be cleaned up mentally, and, as an entire team, we need to make sure we have that confidence coming into the meet." Sabo added.

Complete results of the meet are available at:
<http://www.baumspage.com/track/oakharbor/2019/2019%20Results.htm>